

Hwy 102 • Exit 11 • 87 Main St West • Stewiacke NS • 902.639.2345

Business Excellence Award Recipient!
Awarded by Truro & Colchester Chamber of Commerce







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This visitor guide was produced by the Truro & Colchester Chamber of Commerce and their partners: Downtown Truro Partnership, Millbrook Cultural & Heritage Centre, Municipality of the County of Colchester, Town of Stewiacke and Town of Truro.

All information in this guide was deemed accurate to the best of our knowledge at time of publication. Make sure you check on each destination when planning your trip.







# TRUPO Lere.

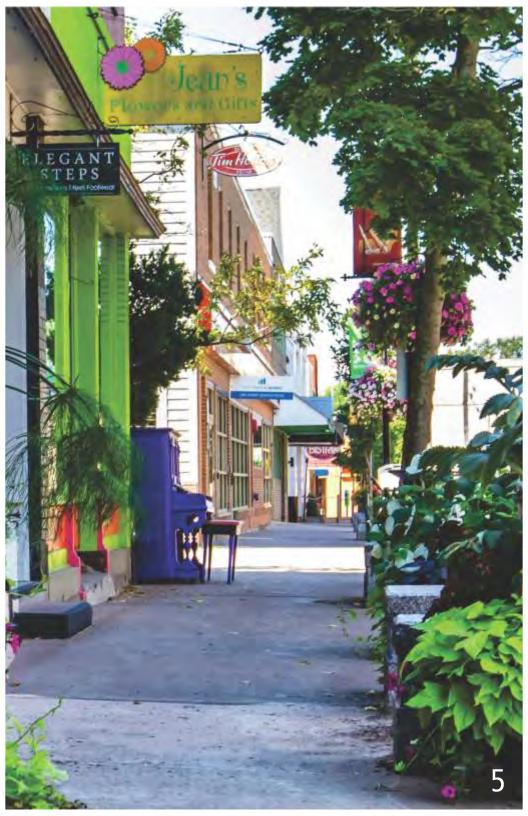
Downtown Truro offers an idyllic blend of smalltown charm and a thriving, modern business community.

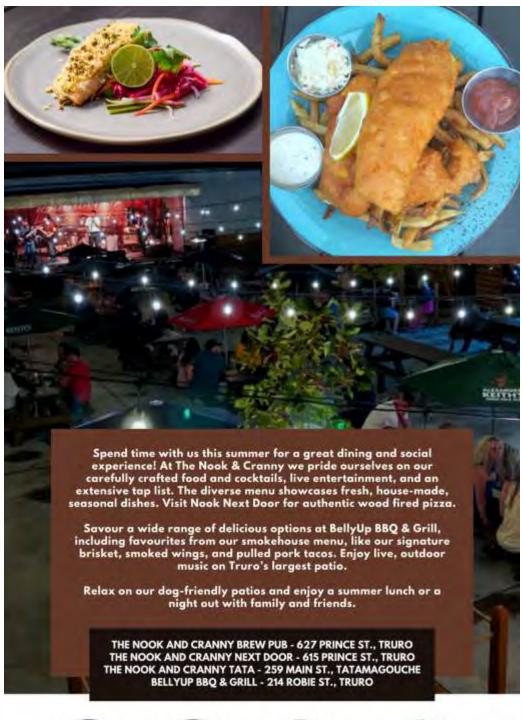
We have over 400 shops and services including world-class restaurants, local creators and great entertainment!

Visit our website at downtowntruro.ca for a current list of events happening in Downtown Truro!

downtowntruro.ca















# **Truro**

Truro is the shiretown of Colchester County. Known as the "Hub of Nova Scotia", Truro's central location, historic downtown and tidal bore phenomena make it a popular home-base for exploring the province. The Mi'kmaq name for the Truro area, "Wagobagitik" means "end of the water's flow". Mi'kmaq people continue to live in the area at the Millbrook First Nation—We'kopekwitk band.



# Did you know?

Nova Scotia is home to many Farmers' Markets. Many of which are in Central Nova Scotia.

Truro Farmers' Market Tatamagouche Farmers' Market Pugwash Farmers' Market And more!

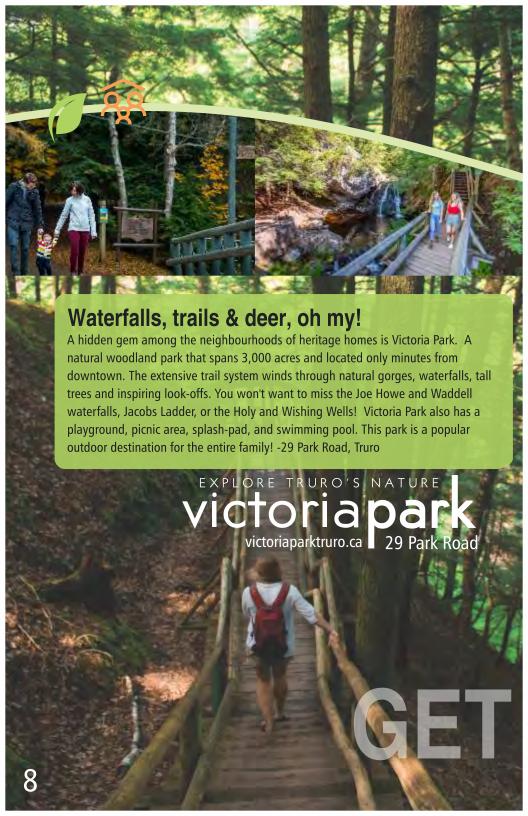
# Be there or be square!

Nestled in the quaint streets of Downtown Truro lies Civic Square. Centrally located among the Public Library, the Colchester Historeum and the Truro Farmers' Market, the Civic Square features a large, open space that makes it perfect for public gatherings. Whether you are there for a live music performance, or to relax with a good book after visiting the local library, there is something for everyone. In the winter, the Square even has an outdoor skating rink!

-740 Prince Street, Truro









The Railyard, a collection of biking trails at the top of Victoria Park, provides a mountain biking experience for all ages. The Railyard has been designed with a variety of skill levels in mind. From the beginner to the skilled rider, there is something for everyone. -627 Young Street, Truro



OUTSIDE

### Downtown... everything's waiting for you!

Truro's historic downtown is a flourishing community with unique shopping and dining experiences. Areas such as Prince Street and Inglis Place are popular destinations featuring a variety of restaurants and specialty boutiques. Shopping landmarks like Stanfield's Factory Outlet are located nearby.





Be sure to check out downtown Truro's arts & culture facilities like the Marigold Cultural Centre and the Colchester Historeum. The Marigold Cultural Centre houses a 208-seat theatre, a small art gallery, a workshop space for arts education, programming, a sports heritage hall, and more. -605 Prince Street, Truro



The Historeum collects, preserves and exhibits artifacts and stories related to Colchester heritage such as early settlers, African Nova Scotians, First Peoples and more. The Historeum Shop offers you an opportunity for take-home treasures. -29 Young Street, Truro

# MY HOME Mercantile



# 10 Inglis Place, Truro myhomemercantile.com

We offer visitors and locals a beautiful, curated experience. Our shop is full of locally made products and carefully selected items. From thoughtful souvenirs, to locally made apparel, we have something for everyone. Browse our local pantry section, find a unique gift, laugh at our fun cards, or find that perfect locally made treasure to take home. We are also the official retailer of the popular My Home Apparel brand.

## Come get the best seat in the house

Sit on one of Truro's many patios and watch the world go by! Enjoy a cold beverage and great food, including dishes made with local ingredients, while soaking up some rays, or enjoy the vibrancy of Truro's nightlife while hanging out with your friends & family.

BellyUp BBQ & Grill Bistro 22 Bistro on Prince Dairy Queen Grill & Chill Frank & Gino's Great British Grub Hub Grub Laurie's Bakeshop NovelTea Coffeehouse & Bakery Parichat Asia Thai Rudy's Kebab & Pizza The Blunt Bartender Truro Brewing Company The Engine Room Pub The Nook & Cranny The Nook & Cranny Next Door



# DON'T GO BLINGLESS. GO TO INGLIS.



# Apex Golf Tournament Weekend August 5-6 - Truro Golf Club

Founded in 1974, this annual 4-day homecoming event takes place in Truro, and is a shared piece of history and celebration for Truro's Black communities.

Apex is built around a golf tournament that has grown to welcome over 100 golfers annually from all over North America. During the event, hundreds more come to town as spectators, family and friends to partake in weekend activities. www.apexinvitationalgolf.com



August 7 - Stan "Chook" Maxwell Memorial Park Emancipation Day remembers our shared history of the enslavement of people of Afrikan ancestry and acknowledges the strength and perseverance of Black people in Canada. Events take place throughout the day, including musical performances, community games and other reflections.







The Marigold houses a 208 soft seat theatre, the MMFI Art Gallery, the Colchester County Sports Hall of Fame, a workshop space for arts education programs for all age groups, a boardroom, concession area, and offices. With the strong support of the community and various organizations. the Marigold provides musical, theatrical, live comedy, and dance performances for the community and surrounding areas.

605 PRINCE ST, TRURO (902) 897-4004 MARIGOLDCENTRE.CA



# Take a walk through time...

The Town of Truro has an elegantly preserved collection of 19th and early 20th century heritage homes and buildings depicting Victorian and vernacular architecture. Take a stroll through time while you experience the beauty of these treasured homes.

Located on the grounds of NSCC Truro Campus sits the Little White School House. This museum is a fully restored school building that contains books and artifacts from the era of the one-room schoolhouse, -20 Arthur Street, Truro

#### Did you know?

You can view the Heritage Walking Tour Map here: www.truro.ca/heritage











#### **FACILITIES**

- Dining Room & Bar
- Indoor & Outdoor Pool

  - Close to many golf courses
- Free highspeed internet in all guest rooms
- Electric vehicle charger on premises

150 Willow Street, Truro



# THRIFT STORE

MONDAY TO FRIDAY 10 AM TO 5 PM

966 PRINCE STREET, TRURO









# TRURO'S PREMIERE DANCEWEAR BOUTIQUE

ALO YOGA I ONZIE I BALLET ROSA I AINSLIEWEAR I PLENTY HUMANWEAR I WEAR MOI AND MORE!

3-664 PRINCE ST TRURO NS B2N 1G6 WWW.CSDANCEWEAR.COM 902-843-2920



# 14

Your Dance Adventure Starts Here!

High Quality Dance Education for All Ages Early Childhood Movement | Ballet | Jazz Modern | Hip Hop | Tap | Heels | and more!

DANCE ACADEMY

I5 Arlington Place Suite 78 Truro NS 82NOG9 www.cobequiddance.com 902-843-3773



## Something's Brewin' in Central NS

Central Nova Scotia has a large collection of local Brewers, Distillers and Wine makers who take pride in their collections of artisanal beverages.

Coldstream Clear Distillery **Jost Vineyards** Raging Crow Distillery Tatamagouche Brewing Company Truro Brewing Company Salty Dog Brewing Company Hard Honey Beverage Company

For locations, and more information visit explorecentralns.ca

# Need **RV PROPANE?**

Need RV propane? We've got you covered! Classic Rentals & Sales has an automotive propane filling station on site. Our locally-owned family business is centrally located in downtown Truro, just a short drive from the highway. With four entrance points to our large parking lot, there is no need to panic about maneuvering your home on wheels. We ALWAYS have certified staff on-site who can fill your RV or portable propane tanks with a smile. (902) 895-4242.

#### 244 Queen Street classicrentals.ca



#### COLCHESTER HISTOREUM Museum & Archives





#### Contact us:

29 Young Street Truro, NS B2N 3W3 Canada 1-902-890-9016

Please Check our Website or Call for Hours of Operation

- Visit our museum where we collect, preserve and display artifacts related to Colchester County's history. - The Archives preserves thousands of records. documents, publications and plsotos to help with historical and genealogical research. Contact us for an Archives. appointment today!











#### Centre communautaire francophone de Truro 50 rue Aberdeen, Truro, Nouvelle Écosse 902 897-6864







Venez nous retrouver le 14 août 2022 pour célébrer la Fête nationale de l'Acadie!



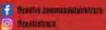


RUE PRINCE, TRURO





Come visit us on August 14, 2022, when we celebrate Acadlan day with music, food, and fun!





La mission du CCFT est de crier un inganisme dominimentaire dynamique et accuellant, un lieu de rassamblement du la population peut intre la culture academine et hancoptione, un universimment propios à l'unification et à l'épanoussement de la langue hançaire.





Take a walk with a friend, furry or not!

The Truro-Bible Hill Off-Leash Dog Park offers a free, public facility that features more than a hectare of fenced-in property that includes grassy play areas, trees, and water and a small dog park located within its boundaries. -Marshland Drive, Truro

Kiwanis Park is a small but picturesque park located in the west end of Truro ideal for walking and jogging, picnics, photography and watching the ducks. -39 Juniper Street, Truro

The Cobequid Trail is an 18-km walking and bicycling trail network in central Colchester County. Open year-round. View the Salmon River, the salt marsh or watch for migratory birds. Catch the tidal bore when it arrives twice daily. To view the list of all trailheads, scan the QR code.



Established in 2014 NovelTea
Bookstore Cafe has become a
beloved Truro destination! In 2020
a devastating fire destroyed their
building. The town rallied and
helped them rebuild. Their two
new locations offer a full in-house
bakery in an 1866 historic home,
serving locally roasted espresso
and coffee and a bright modern
store for their used books and
locally made gifts.



NovelTea Coffeehouse & Bakery 604 Prince Street, Truro NovelTea Bookstore & Gifts 23 Inglis Place, Truro









A GIFT BOUTIQUE just for

local handmade artisanal gifts including pottery, honey soaps, local honey, beeswax, letterpress cards, candles, + more

8 Dominion Street Truro NS B2N3N8 902-895-2790

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www.antherapiary.com

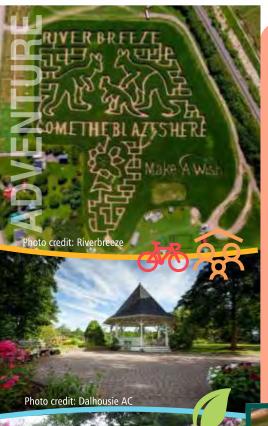
We're ready to celebrate the return of good friends and great times! Our Bistro on Prince lounge is now open Monday-Saturday from 2-10pm, with food service from 4-9pm. Our new menu focuses on fresh, local and sustainable with plenty of plant based, GF and vegetarian options.

Find us at 437 Prince Street inside Inn on Prince Hotel & Conference Centre Truro and stay tuned for the opening of our seasonal patio-the prettiest patio in town!



YOKA specializes in authentic Japanese & Thai cuisine in downtown Truro, with an All-You-Can-Eat menu. YOKA's menu contains large selections of dishes from the kitchen & sushi bar.





# **Bible Hill**

Bible Hill is a village in Colchester County that lies opposite the Town of Truro, on the north bank of the Salmon River. The name Bible Hill is derived from a prominent hill on the grounds of the Dalhousie University Faculty of Agriculture, which rises above the flood plain. Featuring parks, trails and the Provincial Exhibition grounds, Bible Hill is a great place to bring your family.

Riverbreeze Farm & Corn Maze is an entertainment farm located in Upper Onslow that features a Corn Maze, Fear Farm, Animals, Sunflowers, Zinnias and Pumpkins, depending on the time of year! -660 Onslow Road, Upper Onslow



Dalhousie University's Agricultural Campus Botanical gardens feature a variety of beautiful spaces for learning horticulture and enjoying casual evening strolls. -85 Pictou Road, Bible Hill

#### Did you know?

Located along a section of the Cobequid Trail that runs behind the Dalhousie Agricultural Campus you will find pieces of the Berlin Wall.



**Bible Hill Recreation Park** 38 Guest Drive Bible Hill. NS



Looking for a new place to explore and play? Spend a fun filled day at the Bible Hill Recreation Park!

#### Park Features:

- Splash pad
- Picnic shelter and gazebo
- Three baseball fields
- Multipurpose field
- Playground equipment
- Naťural playground
- Washroom facility and changeroom



The Bible Hill Recreation Park includes youth baseball fields, a multi-purpose field, gazebo, picnic shelter, splash pad, washroom facilities and is also an access point to part of the Cobequid Trail. -38 Guest Drive, Bible Hill

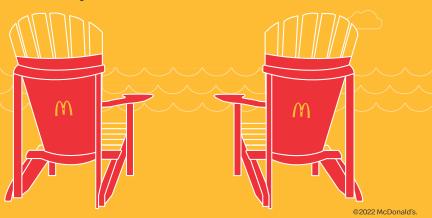
Bring your friends and family to bowl a few pins at Bible Hill Bowlacade, or try your hand at Cosmic Bowling! -27 Jennifer Drive, Bible Hill





# **Come get your faves**

at the McDonald's restaurants in Valley, Truro, and Walmart Truro locations.



#### Just Horsin' around

Nova Scotia Provincial Exhibition Complex is a year-round operation, housed on 65 acres in the Heart of Nova Scotia. It is home to a multitude of facilities capable of hosting some of the largest trade and agricultural shows in Atlantic Canada with easy access to all of the major highways. - 73 Ryland Avenue, Bible Hill



Multiple businesses, groups and events call the NSPE Complex home like:

Farm Equipment Museum Truro Raceway Nova Scotia Provincial Exhibition and more!





Directly off Highway 102, Exit 13A







35 Legends Ave. Millbrook, NS \_\_\_\_ B6L-0C9

902-843-4343









# **Millbrook**

Millbrook First Nation is located inside the boundary of the Town of Truro. The Millbrook Band works hard to promote culture and language through their friendly staff at the Millbrook Cultural & Heritage Centre, who are available to tell the story of our history, and their region's special events, such as the annual Pow Wow.

### Learn about history...

The Millbrook Cultural & Heritage Centre has Mi'kmaw artifacts dating back as old as 7,500 years. Stop in to learn about the history of the Indigenous People of the surrounding area and see the 40-ft tall Glooscap statue. With knowledgeable staff on hand, any question can be answered. -65 Treaty Trail, Millbrook

#### ... and have some fun!

Legends Gaming Centre is a state-of-the-art bingo facility located at the Truro Power Centre in Millbrook, Nova Scotia. Hosting bingo, as well as special events, mega and super bingos. -15 Tower Road, Millbrook



#### Did you know?

Millbrook has two great trails you can enjoy a hike or leisurely walk on:

John B Walking Trail Wood Chip Trail



# MILLBROOK Cultural & Heritage Centre

At the Millbrook Cultural and Heritage Centre, you will discover Mi'kmaw heritage and culture. Look up at a giant 12m (40 ft.) statue of Glooscap. Immerse yourself in an innovative multimedia presentation as Glooscap guides you through the trials, tribulations and survival of the Mi'kmaw people, View stunning traditional Mi'kmaw quillwork, beadwork, clothing and artifacts, some of the oldest in Canada.

(902) 843-3493 65 Treaty Trail, Millbrook



# **Event Calendar Dates**

# JUNE

10 to 12 - Ravenous for Rhubarb Festival | Stewiacke

- 12 Flaunt and Flash car show | Stewiacke
- 21 National Indigenous People's Day | Millbrook Cultural & Heritage Centre
- 24 to 30 Truro PRIDE Week | Colchester County
- 24 Pride Flag Raising | Truro Town Hall
- 25 Truro PRIDE Parade | Downtown Truro

# JULY

Schedule to be announced - Sunday Concerts in the Park - Victoria Park

- 1 Canada Day | Civic Square, Downtown Truro
- 9 Government of Canada Apology to the Descendants of the No. 2 Construction Battalion | TAAC Grounds
- 16 Canada Parks Day & Children's VP Challenge | Victoria Park
- 29 Emancipation Day Flag Raising | Truro Town Hall
- 29 to 31 Rock the Hub | Civic Square, Downtown Truro

# AUGUST

Schedule to be announced – Sunday Concerts in the Park | Victoria Park

- 3 to 4 Truro Busker Festival | Civic Square, Downtown Truro
- 5 to 7 Apex Golf Tournament | Truro
- 5 to 7 Country Rocks the Hub | Civic Square, Downtown Truro
- 7 Emancipation Day Celebrations | Stan "Chook" Maxwell Memorial Park, Truro
- 5 to 7 Stewiacke Town Days | Stewiacke
- 12 Acadian Day Flag Raising | Truro Town Hall
- 12, 19 & 26 Summer Movie Nights | Victoria Park
- 13 to14 Millbrook First Nation Competition Pow Wow Celebrating Indigenous Culture | Millbrook
- 14 Acadian Day Festival | Prince Street (in front of the Marigold Cultural Centre)
- 19 to Sept 3 Wild Blueberry Festival | Central Nova Scotia
- 27 to 28 Airshow Atlantic | Debert
- 28 Cobequid Trail Run | Truro

# **SEPTEMBER**

16 to 25 - Truro Harvest Festival | Downtown Truro

23 to 24 - Oktoberfest | Tatamagouche

24 - Embrace Festival | Civic Square, Downtown Truro

29 - Truth and Reconciliation Day Flag Raising | Truro Town Hall

# OCTOBER

3 - Mi'kmaq History Month Flag Raising | Truro Town Hall

29 - Downtown Trick-or-Treat | Civic Square

Skyler Blackie Fit to Be a Hero Challenge | Victoria Park

# NOVEMBER

11 - Remembrance Day Service

25 - Festival Of Lights / Downtown Tree Lighting | Civic Square Holiday Evening Shopping Event | Downtown Truro - until 9pm

27 - Santa Claus Parade | Downtown Truro

# DECEMBER

3 - Stewiacke Celebrates Christmas | Stewiacke

31 - New Year's Eve on the Town | Various Venues in Truro

Do you know of an event happening in Truro or Colchester in 2022 or 2023?

Email us at ec@tcchamber.ca to be included on the ExploreCentralNS.ca website.

# **Stewiacke**

The town is located in the Stewiacke Valley at the confluence of the Stewiacke and Shubenacadie Rivers. Stewiacke is noted as being located halfway between the North Pole and the Equator. Stewiacke was named in the language of the local Mi'kmaq First Nations and is a word meaning "flowing out in small streams" and "winding river" or "whimpering or whining as it goes".

In the late 1990s, a tourism attraction named Mastodon Ridge opened near the town's highway exit, based on a local discovery of a mastodon skeleton.

# The elephant in the room... oh wait! It's a Mastodon!

Located conveniently just off the highway, under the shadow of Marvin the Mastodon, is Mastodon Ridge. This exciting attraction is halfway between the Equator and the North Pole. Featuring many amenities that are fun for the whole family!
-Exit 11 on Hwy #2102, Stewiacke



Proud Member of the NSBBA



138 Main Street East Stewiacke, Nova Scotia www.thenelsonhousebb.com info@thenelsonhousebb.com 1-866-331-1380

The Nelson House

# It's Stew-pendous

The Stewiacke Valley Museum has over 5,000 artifacts. Research materials include approximately 3,000 photographs, many genealogies for local families, books on community history, cemetery records and more. -5445 Brookfield Dean Road, Upper Stewiacke

Enjoy a picnic, go for a walk, watch for wildlife, or simply enjoy the view of the river at Stewiacke River Park. Another great picnic spot is Dennis Park, downtown Stewiacke, 54 Main Street E. -528 Stewiacke River Park Road, Stewiacke East

Opened in 2020, the Stewiacke Skate Park has become a popular spot for local skateboard enthusiasts. The park is located at the Stewiacke Recreation Grounds in Stewiacke and includes three different types of ramps, various railings and bars as well as a Funbox.

-71 Hwy #2, Stewiacke

The Stewiacke Barking Lot is a secure off-leash dog park located at the Stewiacke Recreation Grounds. Access is free; use at your own risk. Waste bags are supplied to pick up after your dogs. There are two sections one big and one small within the park.

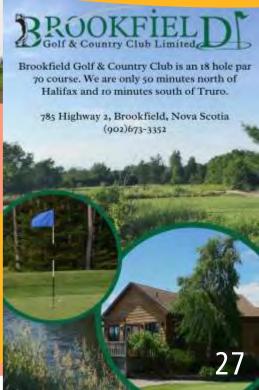
-71 Hwy #2, Stewiacke



Meander your way through the countryside along Route 289 and watch for beautiful barn quilts along the Barn Quilt Trail.

#### Did you know?

Stewiacke has 2 trails within the community. One of the trails is named the John Crawford Trail and the other is The Stewiacke River Trail. Each trail has grown and is continuing to expand as the years go on only to open up more opportunity for the community.







Colchester County is a natural. Our region is gifted with amazing landscapes, from the majestic Cobequid Mountains and rolling river valleys to rich Acadian forest and sweeping pastoral hills—all framed within two dramatic shorelines, the Minas Basin with the world's highest tides and the luxuriously warm water of the Northumberland Strait.



Experience Colchester through our many parks and trails. Explore beaches, lighthouses and the dramatic Cliffs of Fundy UNESCO Global Geopark. Bike on historic railway routes on the Cobequid Trail and Short Line Trail. Hike in the Cobequid Mountains and river gorges to waterfalls. Witness the tidal bore phenomenon at the Fundy Discovery Site. Stroll beside wonderful wetlands and salt marshes. Picnic beside our beautiful rivers or the ocean. Be centred here.







Cliffs of Fundy Geopark



# Welcome to the Bay of Fundy, one of the seven natural wonders of North America

Fundy Discovery Site is one of the most amazing places to experience the incredible tidal phenomena of Canada's Bay of Fundy — home to the highest tides on Earth! A tidal bore occurs here on the Salmon River near Truro, Nova Scotia twice daily at predicted times offering a natural demonstration of the Bay of Fundy's renowned tides.

Fundy Discovery Site is a central place for visitors to view the Bay of Fundy – a place to gather, learn about, and enjoy this diverse tidal landscape and special part of the world.

# DISCOVER

Talk to friendly staff at the visitor centre to get tidal bore information and to learn about other area attractions. Stop for a picnic, washroom break, or stretch your legs by walking or cycling the nearby Cobequid Trail. The kids will enjoy playing on the natural playground and you can finish your day with a view of an extraordinary sunset.

#### **Top Amenities:**

Tidal Bore Viewing Visitor Information Centre Public Washrooms Natural Playground Cobequid Trail Access Sunsets

#### Did you know?

You can experience the power of the highest tides in the world forcing a river to change direction before your very eyes. This wonder of nature can be seen all along the Fundy Shore at locations such as the Fundy Discovery site in Lower Truro, near Ralph Meadows' Fish Shack on the Shubenacadie River in Stewiacke, and the Fundy Tidal Interpretive Centre in South Maitland. To best enjoy the tidal bore, arrive 30 minutes before its predicted arrival.



# **AUGUST 27-28, 2022 - DEBERT, NOVA SCOTIA**





AIRSHOWATLANTIC.CA



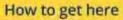
Observers should arrive at least 15 minutes prior to predicted time.



Size and volume of the bore will vary based on the lunar cycle.



	April		May		June		July		August	
191	12:54am	1:17pm	1:13am	1:43pm	2:10am	2:45pm	2:27am	3:01pm	3:1/am	3:43pm
211	1:35am	1:59pm	1:51am	2:24pm	2:49am	3:24pm	3:05am	3:39pm	3:55am	4:21pm
3 <sup>nt</sup>	2:16am	2:43pm	2:31am	3:04pm	3:30am	4:05pm	3:46am	4:18pm	4:37am	5:01pm
400	Z:56am	3:25pm	3:11am	3:46pm	4:12am	4:48pm	4:27am	4:58pm	5:23am	5:45pm
5"	3:39am	4:10pm	3:54am	4:28pm	4:56am	5:33pm	5:11am	5:41pm	6:14am	6:35pm
6 <sup>th</sup>	4:23am	4:56pm	4:38am	5:15pm	5:46am	6:21pm	5:57am	6:25pm	7:10am	7:32pm
714	5:11am	5:47pm	5:28am	6:08pm	6:35am	7:10pm	5:48am	7:13pm	B:11am	8:32pm
8111	6:02am	6:42pm	6:21am	7:01pm	7:29am	8:01pm	7:42am	8:06pm	9:17am	9:35pm
9#	7:00am	7:43pm	7:17am	7:57pm	8:24am	8:50pm	8:40am	8:59pm	10:19am	10:35pm
10=	8:02am	8:45pm	8:15am	8:50pm	9:18am	9:38pm	9:37am	9:53pm	11:16am	11:31pm
11 <sup>th</sup>	9:03am	9:40pm	9:11am	9:40pm	10:09am	10:24pm	10:34am	10:47pm		12-11pm
12 <sup>m</sup>	9:57am	10:28pm	10:02am	10:23pm	10:59am	11:11pm	11:29am	11:43pm	12:27am	1:02pm
13**	10:44am	11:10pm	10.47am	11:05pm	11:49am			12:25pm	1:21am	1:53pm
14**	11:26am	11:46pm	11:31am	11:43pm	12:01am	12:40pm	12:39am	1:17pm	2:13am	2:44pm
15 <sup>m</sup>		12:06pm		12:14pm	12:54am	1:32pm	1:34am	2:11pm	3:04am	3:34pm
16 <sup>m</sup>	12:21 am	12:43pm	12:27am	1:00pm	1:48am	2:26pm	2:30am	3:05pm	3:59am	4:26pm
177	12:57am	1:24pm	1:13am	1:48pm	2:43am	3:22pm	3:25am	4:01pm	4:55am	5:20pm
18 <sup>th</sup>	1:38am	2:08pm	2:03am	2:40pm	3:40am	4:23pm	4:22am	4:56pm	5:53am	6:16pm
19**	2:22am	2:55pm	2:55am	3:35pm	4:42am	5:23pm	5:23am	5:55pm	6:52am	7:13pm
20°	3:09am	1:48pm	3:51am	4:35pm	5:45am	6:25pm	6:25am	6:52pm	7:54am	B:74pm
21≝	4:02am	4:44pm	4:54am	5:40pm	6:51am	7:25pm	7:26am	7:52pm	8:55am	9:13pm
22"	5:02am	5:47pm	6:01am	6:46pm	7:57am	8:27pm	8:28am	8:50pm	9;53am	10:08pm
231#	6:09am	6:57pm	7:10am	7:53pm	8:59am	9:23pm	9:29am	9:45pm	10:48am	10:59pm
24	7:22am	8:09pm	8:20am	8:55pm	9:58am	10:14pm	10:24am	10:37pm	11:34am	11:43pm
25°	8:35am	9:15pm	9:24am	9:51pm	10:52am	11:03pm	11:16am	11:25pm.		12:16pm
26 <sup>m</sup>	9:42am	10:15pm	10-22am	10:42pm	11:41am	11:49pm		12:02pm	12:24am	12:54pm
27**	10:40am	11:06pm	11:14am	11:29pm		12:26pm	12:09am	12.44pm	1:01am	1:26pm
28 <sup>th</sup>	11:32am	11:50pm		12:01pm	12:31am	1:07pm	12:50am	1:23pm	1:36am	1:59pm
29	1	12:18pm	12:12am	12:46pm	1:11am	1:46pm	1:27am	1:59pm	2:10am	2:31pm
30°	12:33am	1:02pm	12:52am	1:26pm	1:50am	2:24pm	2:04am	2:32pm	2:46am	3:06pm
31 <sup>ss</sup>			1:32am	2:05pm			2:39am	3:07pm	3:24am	3,43pm





Directions: Highway 102, Exit 14 at Truro

Civic address: 103 Tidal Bore Road, Lower Truro, NS

	September		October		November		December	
11	4:07am	4:25pm	4:32am	4:49pm	6:25am	6:48pm	6:17am	6:45pm
2 <sup>nt</sup>	4:53am	5:13pm	5:30am	5:48pm	7;35am	8:01pm	7:22am	7:51pm
311	5:47am	6:06pm	6:35am	6:57pm	8:42am	9:09pm	8:19am	8:53pm
4th	6:47am	7:09pm	7:45am	B:10pm	9:43am	10:08pm	9:13am	9:47pm
5 <sup>th</sup>	7:55am	8:18pm	8:56am	9:17pm	10:35am	11:02pm	10:02am	10:37pm
60	9:05am	9:25pm	9:58am	10:19pm	10:21am	10:51pm	10:48am	11:22pm
7 <sup>th</sup>	10:09am	10:27pm	10:52am	11:13pm	11:05am	11:37pm	11:31am	
B <sup>ch</sup>	11:06am	11:21pm	11:40am		11:48am		12:05am	12:12pm
gm	11:56am		12:03am	12:26pm	12:20am	12:29pm	12:46am	12:52pm
10 <sup>m</sup>	12:14am	12:45pm	12:50am	1:08pm	1:02am	1:10pm	1:25am	1:31pm
11%	1:05am	1:31pm	1:36am	1:51pm	1:46am	1:54pm	2:06am	2:13pm
12 <sup>th</sup>	1:53am	2:17pm	2:21am	2-36pm	2:30am	2:38pm	2:46am	2:54pm
1311	2:44am	3:05pm	3:08am	3:21pm	3:15am	3:24pm	3:28am	3:39pm
1411	3:35am	3:53pm	3:55am	4:07pm	4:01am	4:14pm	4:12am	4:25pm
15 <sup>th</sup>	4:26am	4:42pm	4:44am	4:58pm	4:54am	5.07pm	5:00am	5:15pm
16 <sup>th</sup>	5:19am	5:36pm	5:38am	5:53pm	5:48am	6:04pm	5:49am	5:09pm
17 <sup>th</sup>	6:14am	6:34pm	6:34am	6:52pm	6:43am	7:03pm	5:39am	7:04pm
1811	7:14am	7:34pm	7:35am	7:54pm	7:37am	7:58pm	7:30am	7:58pm
19#	8:18am	8:37pm	8:35am	8:52pm	8:25am	8:48pm	8:19am	8:51pm
20"	9:19am	9:34pm	9:29am	9:46pm	9:08am	9:34pm	9:06am	9:41pm
21"	10:12am	10:26pm	10:16am	10:34pm	9:49am	10:15pm	9:52am	10:30pm
22"	10:59am	11:11pm	10:58am	11:14pm	10:27am	10:57pm	10:35am	11:17pm
23"	17:41am	11:52pm	11.34am	11:52pm	11:06am	11:40pm	11:28am	
240		12:15pm		12:07pm	11:49am		12:05am	12:19pm
2511	12:27am	12:48pm	12:29am	12:41 pm	12:24am	12:36pm	12:56am	1:13pm
26 <sup>th</sup>	1:03am	1:20pm	1:08am	1:17pm	1:12am	1:26pm	1:50am	2:07pm
27"	1:39am	1:53pm	1:47am	1:57pm	2:06am	2:20pm	2:45am	3:05pm
28"	2:16am	2:29pm	2:33am	2:44pm	3:03am	3:21pm	3:45am	4:07pm
2911	2:56am	3:10pm	3:21am	3:35pm	4:05am	4:26pm	4:45am	5:12pm
3011	3:41am	3:56pm	4:16am	4:34pm	5:10am	5:34pm	5:48am	6:19pm
31"			5:17am	5:37pm			6:51am	7:26pm



#### **Debert**

Debert, rich with history, is situated near coal and iron ore deposits that were mined in the 19th and early 20th centuries. During the Second World War Debert was the location of a Canadian Army base named Debert Military Camp and an adjoining Royal Canadian Air Force station named RCAF Station Debert.

A suite of archaeological sites was first discovered in Debert more than 60 years ago and continues to reveal new evidence of people living in what was an ice-age landscape. They are the oldest directly-dated archaeological sites in Canada, and they are among the largest and best-preserved archaeological sites of this age in North America.

#### A place of history, above and below the ground

The Debert Military Museum has an extensive assortment of exhibits within the museum including a Russian Photo Exhibit, a Bunker Room Exhibit and more.

The Debert Diefenbunker was built in the 1960's to provide shelter and protection from a nuclear attack. The bunker, now known as Enter the Bunker, has become a hub of entertainment featuring Laser Tag, Escape Rooms, and the History of this massive underground building. -35 Acadia Avenue, Debert



Mi'kmawey Debert Interpretive Trail is a 4.4 km loop that is one of the most significant indigenous archeological sites in North America that dates back to approximately 11,000 years before present. Debert Mi'kmawey tells the story of the earliest human settlement in eastern North America. Mi'kmawey Debert National Historic Site is part of the Cliffs of Fundy Geopark.

MacElmons Pond Provincial Park is a picnic park located in Debert. The park borders a wildlife sanctuary and has a 1-km walking trail beside a pond where migrating waterfowl stop over. -219 MacElmon Road, Debert

#### Did you know?

Elsie's Dog Park at 107 Dieppe Avenue in Debert is a fenced off-leash dog parks offer spaces for large and small dogs to stretch their legs and make new friends.



Masstown Market began as a roadside produce market 53 years ago and has grown into a one stop destination conveniently located only 15 minutes outside Truro, at Exit 12 off Hwy 104.

The main Market features fresh local produce, a dairy bar & restaurant, home style bakery, deli, groceries, Gift & Garden Centre and NSLC Liquor Boutique. Across the parking lot is a Fish & Chip Boat in the shadow of the Lighthouse, home to a Fresh Fish Market. Climb to the top for a lovely view of the Cobequid Mountains.

Complimenting everything the Market has to offer is Masstown Butcher & Creamery, featuring locally produced dairy products and locally farmed meats. Decadent desserts and home made ice cream can be found at the new Creamery Cafe, with daily meal specials to tempt any taste buds.

#### www.masstownmarket.com



## Masstown & Great Village

A visit to Masstown Market is like coming home to good friends, family and comforting food. They are a fully accessible, barrier free establishment offering year-round service. 10622, Nova Scotia Trunk 2, Masstown

Great Village is a small rural community located along the north shore of Cobequid Bay and was first settled by French-speaking Acadians around 1630, who built dykes in the marshes, reclaimed land, and created a village called "Petit-Louis" or "Vil de Cadets". The Acadian settlers built dykes to create farmland, which is still farmed today, from the area's extensive salt marsh and the village partially exists on this land.

#### A Community full of treasure

The Elizabeth Bishop House, is an historic house in Great Village, Nova Scotia. The house is associated with Pulitzer Prize winning author Elizabeth Bishop who in her youth lived in the house each summer with her maternal grandparents. -8740 Hwy #2, Great Village

Wayside Restaurant & Gallery is a unique dining experience set inside an old historic church, featuring fair trade coffee, local art and menu items with a bit of an ethnic flair. -8729 Hwy #2, Great Village

Great Village Arts & Entertainment is a performing arts theater in the Great Village, Nova Scotia.

Great Village Antiques Exchange is a must visit establishment for antique lovers, decorators and collectors of all stripes. -8728 Hwy #2, Great Village



#### **Bass River**

Bass River is a community in western Colchester County, that shares the name of the river located there, that flows into Cobequid Bay. Those who settled Bass River and its neighbouring communities were largely of direct Ulster-Scottish descent. Evident from the surnames that are prevalent in the area today, many of these settlers' descendants have remained in the community.

#### Go for a walk, or take a seat and learn about the history Loggers & Woodworkers Park pays tribute to those who dedicated their lives to the forestry

Loggers & Woodworkers Park pays tribute to those who dedicated their lives to the forestry and woodworking industry. Enjoy the 0.32 km, loop trail near located behind the park. -486 Maple Avenue #56, Bass River

The sculptured gardens of the Veterans Memorial Park are a 'living memorial' to those who served and continue to serve in Canada's Armed Forces and in Peacekeeping and consists of three gardens, which, when combined, take the form of a Celtic flower. -5653 Hwy #2, Bass River

The Dominion Chair Company General Store, built in 1890, still operates in Bass River as a store and historical site. -5637 Hwy #2, Bass River

Located in an old church, Bass River Museum offers a look into the history of the community of Bass River, and provides a first-hand look at the Dominion Chair company. -5666 Hwy #2, Bass River





Colchester Adult Learning Association (CALA) located at NSCC and downtown Truro offers academic and essential skills upgrading to adults in Truro and Colchester county: GED prep programs, digital literacy, communication (ideas and information), understanding and using numbers, managing learning and engaging with other – all to improve your skills at home, work and in your community.

(902) 895 - 2468 | 966-B Prince Street, Truro







#### **Economy**

The name Economy comes from the 18th century Acadian L'Économie, an adaptation of the Mi'kmaq First Nation word for the location, kenomee, meaning 'a place of land jutting into the sea'. Prior to the settlement by Acadian families, Mi'kmaq hunted and gathered throughout the region for thousands of years. Economy is a scenic community with beautifully landscaped parks, the only original Canadian WWII Observation Tower and Nova Scotia's original artisan cheesemakers.

#### Say Cheese!

Make sure to take lots of photos while visiting the picturesque Dutchman's Cheese Farm. High upon a hill overlooking the Bay of Fundy is where you will find Nova Scotia's original artisan cheesemakers. In addition to great cheese, enjoy the onsite animal & nature park. -4595 Hwy #2, Upper Economy







The Cliffs of Fundy Geopark Welcome Centre features the only original WWII Observation Tower in Canada. Enjoy a climb to the rooftop for a spectacular view of the tides and countryside and learn about the history of the area. -3246 Hwy #2, Economy

Five Islands Lighthouse Park has 8.8 ha (22 acres) of open parkland, almost 300 m (1,000 feet) of oceanfront and access to a long, gravel beach. -140 Broderick Lane, Lower Five Islands

Five Islands Provincial Park features 90-metre (300-ft.) sea cliffs overlooking the world's highest tides, a spectacular setting for camping, hiking, beachcombing, rock collecting, and clam digging.





#### **Visitor Information**

Open 9 - 5 Daily

Located in Central Economy, NS 3246 Hwy. 2, Nova Scotia B 0 M 1 J 0

902 647-2600



#### The Northumberland Shore

#### An adventure for shore!

Less than an hour's drive from the centre of Truro to the Northumberland Shore, dozens of inviting one-of-a-kind experiences await. There are a number of public beaches (see page 46) to dip your toes in warm, soothing salt water, play a round of golf with a view of the shoreline and experience culinary delights all along with way.

This region is rich in heritage and culture waiting to be discovered. Meet the makers at the weekly Saturday farmers' market, learn about the lives of early settlers and experience the fresh sea breeze while enjoying a delicious meal on one of the many decks and patios in the historic village of Tatamagouche.







Our heritage building has four galleries and a shop hosting local art and fine craft for a fabulous selection of original work.

New exhibits every 3 weeks! Over 40 years of supporting the arts on the North Shore.

THEFRASER.ORG 362 MAIN STREET, TATAMAGOUCHE

#### Stops along the way...

#### Something to crow about

Located just minutes away from Truro along the 311 Highway in North River, is the award-winning Raging Crow Distillery. Raging Crow Distillery Inc. is a small-batch, hand-crafted, artisanal distillery that focuses on creating national award-winning spirits sourcing local products, wherever possible. -592 Hwy 311, North River

#### Rustic and rare, unique experiences

Woollies of Upperbrook Farm, located in Central North River on Brookside Road, is home to a flock of purebred, registered North Country Cheviot sheep, and an assorted menagerie of supportive animals and Christmas trees etc. Hand-made wool products are available onsite.

- 989 Upper Brookside Road, Central North River

Sullivan's Family Farm is a farm-to-table business with many locally made products available such as soaps, meats, honey, Alpaca products, eggs and even maple syrup in season.

Remember to drive slowly up the lane. Children may be playing.

- 161 Sullivan Road, Nutby

Sugar Moon Farm is nestled on the side of Rogart Mountain at 221 Alex MacDonald Road, Earltown and welcomes people year round to experience an authentic maple sugar camp and pancake house. Hike the onsite trail to a waterfall before enjoying an ultimate maple feast.

Step back in time at the historic Earltown General Store and Bakery. This store has been an iconic fixture in the small, countryside community of Earltown for 132 years! Discover a wide range of unique, locally produced goods, while sampling treats and artisanal breads baked onsite. - 5556 Hwy 311, Tatamagouche

Book a trail ride with Waugh River Stables in The Falls to meander through nature trails along the Waugh River up Spiddle Hill to a beautiful view over looking the Northumberland Strait. Contact waughriverstables@outlook.com

- 10 Dan MacKay Road, Tatamagouche





25 Wile Crest Avenue. North River, Colchester County Tolf Free: 1-877-203-6032 Email: suricatcherbnb@gmail.com www.suncatcherbnb.com

#### **Tatamagouche**

A historic village with a modern flare. The seaside, historic Village of Tatamagouche is a hub of activity during summer months. A rich past and a breathtaking present, the village's heritage retraces the steps of early Mi'kmaq residents, who gave Tatamagouche its name, meaning the "meeting of two waters," where it forms at the junction of the French and Waugh River inside Tatamagouche Bay. It reanimates the relationship between the Fortress of Louisburg and the village as a key location in the supply chain under Acadian settlement. Later, it was a welcome homestead for Montbeliard and Scottish settlers working the lands and building ships during the Golden Age of Sail.

Today, the vibrant Main Street boasts a number of unique shops featuring locally made oneof-a-kind creations and gifts. Many locations offer decks for enjoying a leisurely meal or snack as you take time to explore.

**Choo Choo!** The Tatamagouche Road Train is an exciting way to travel around the village of Tatamagouche. Take a trip from Lockerby Bridge to Nelson Park and admire the scenery as you go. Running June 29<sup>th</sup> – September 4<sup>th</sup>, 2022. Train runs every hour on the hour starting at 10 am with the last run going at 4 pm. On Mon-Fri they have a special run that goes to Nelson Memorial Park at 10 am and 11 am . For more information and daily updates, visitors should visit their Facebook page at @Tatamagoucheroadtrain

**Have a ball:** Appleton Chocolates' award-winning truffles unite many local flavours from maple and wild blueberries to currents, cranberries and more, these hand-crafted treats are sure to delight visitors of all ages. - 261 Main Street, Tatamagouche

**Here's a scoop**: The Tatamagouche Ice Creamery handcrafts ultra-premium ice cream and gelato. Featuring must-try original flavours, every trip to the creamery offers a new experience. - 271 Main Street, Tatamagouche

**Hop along Main Street**: The Tatamagouche Brewing Company is a modern, bright, family-owned and operated micro brewery specializing in small batches of organic craft beer. - 235 Main Street, Tatamagouche

**Hip to be at the square:** The village's Creamery Square features an award-winning waterfront heritage centre, Saturday farmers' market, preforming arts centre and gallery. All of these are located just off the Trans-Canada Trail, the Butter Trail, and accessible. Next door is the Tatamagouche Grain Elevator Village, home to Jamieson's General Store, a premier location offering a taste of local with in-season, fruits and vegetables, pre-made meals, meats, cheeses, treats and more. - 39 Creamery Road, Tatamagouche

**On track for adventure:** The historic Train Station Inn is a must see for train enthusiasts. Overnight in a caboose, enjoy a mean in the dining car or shop the station gift store.

- 21 Station Road, Tatamagouche

#### Take a spin outside the Village

**Sara Bonnyman Pottery** is just a couple minutes away from the Main Street of the village, and offers handmade stoneware pottery and hooked rugs at their finest. In the summer, catch Sara throwing pots most weekday mornings and enjoy a tour of her workshop. - 326 Maple Avenue, Tatamagouche

**Ewe will be amazed:** Sisterhood Fibers is a fibre arts supply shop that offers in-person and online shopping, as well as a working studio. - 567 Sand Point Road, Tatamagouche **Step back in time:** There are two provincial museums in the Tatamagouche area, the Balmoral Grist Mill, a 19<sup>th</sup>-century water powered grist mill and Sutherland Steam Mill, a steam powered saw mill and wood-working factory. They are located at 544 Peter Macdonald Rd., Balmoral Mills and 3169 Denmark Station Rd., Denmark, respectively.

Pack a picnic: There are a few ideal areas in and around the village to bring a picnic. Some suggestions are Nelson Memorial Park, including playground and water view; Balmoral Grist Mill, situated in a heritage forest with babbling river nearby; Tatamagouche Picnic Park, forested area on the village outskirts on Route 6; the deck at the Creamery Square Farmers Market.





#### ButterTrail Natural Goods

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**TATAMAGOUCHE** 

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- organic/natural grocery
- 40+ herbs/spices
- nutritional supplements
- and more

#### **Visitor Information Centres**



#### **Anne Murray Centre**

36 Main St, Springhill NS, BOM 1X0 902-597-8614

#### **Cliffs of Fundy Welcome Centre**

3246 Nova Scotia Trunk 2, Economy NS, BOM 1J0 902-647-2600

#### **Fraser Cultural Centre**

362 Main Street, Tatamagouche NS, BOK 1L0 902-657-3285

#### **Fundy Discovery Site**

103 Tidal Bore Rd, Lower Truro NS, B6L 1T9 902-897-6255

#### **Fundy Geological Museum**

162 Two Islands Rd, Parrsboro NS, BOM 1SO 902-254-3814

#### **Fundy Tidal Interpretive Centre**

9865 Hwy 236, South Maitland NS, BON 2H0 902-261-2250

#### **Mastodon Ridge**

87 Main Street W., Stewiacke NS, BON 2J0 902-639-1248

#### Pugwash

124 Water St, Pugwash NS, BOK 1L0 902-243-2088

#### Wallace and Area Museum

13440 Route 6, Wallace NS, BOK 1Y0 902-257-2191

#### Want more information about Central Nova Scotia?





#### Adventure Central

Discover endless recreation trails, hike to water falls, navigate challenging mountain bike-courses, take a sightseeing flight, or scour the cliffs of our UNESGO Global Geopark.

#### Culture + Heritage Central

Visitors are invited to step back in time, as they experience our heritage and culture, driving or walking through our communities where the past meets the present, relling a story of resilience and impossion through the years





#### Family Central

There's no better place than Central Nova Scotia for a funfilled day of family experiences. From playgrounds and parks to animals and beaches, we've got you covered!

#### Nature Central

With no shortage of breath-taking views and beautiful landscape, Central Nova Scotia offers an enticing variety of nature experiences. Coastline views, rolling green fields and farmland, acres of forest and hiking trails.





#### Task Carlin

Sip, savour and sample the flavours of Central Nova Scotia, all while connecting with the people who create unique culinary delights from exclusive gourmet or traditional Maritime fare to one-of-a kind beer, wine and spirits:

Visit explorecentralns.ca45

### Extend your stay Within an hour's drive:



**Wallace and Area Museum** – Discover a treasure trove of fascinating stories from ship building, to Mi'kmaw and Acadian history before exploring the beautiful heritage gardens and walking trails. -13440 Hwy 6, Wallace

**Jost Vineyards** – Nova Scotia's largest and longest operating winery. Enjoy the complimentary tasting bar, seasonal tours, deli, licensed patio or rent a bicycle to explore the beautiful countryside. -48 Vintage Lane, Malagash



Mable Murple's Book Shoppe and Dreamery — Walk into a magical fairy tale scene inspired by storybook character Mable Murple created by writer, poet, educator, Sheree Fitch and her husband Gilles Plante. See Willow the donkey, horses and chickens, walk Dee's labyrinth and visit the fairy village in the apple orchard. Bring a picnic and make memories. - 286 Allen Road, River John

**Joggins Fossil Cliffs & Centre** - You won't want to miss this UNESCO World Heritage site that will take you back in time 300 million years! Peruse the centre, take a beach tour and experience your own fossil discovery! -100 Main St, Joggins

**Ships Company Theatre** - Enjoy a live show at this professional theatre company located in the beautiful seaside community of Parrsboro. -18 Lower Main St, Parrsboro

**Age of Sail Museum** - The Age of Sail Heritage Centre focuses on the history of Parrsboro Shore communities with an emphasis on the area's shipbuilding and lumbering heritage. -8334 Hwy 209, Port Greville

**Day Trip to Springhill** - Learn about one of the most accomplished female singers in history at the Anne Murray Centre or tour a mine at the Springhill Miner's Museum to discover incredible stories of disaster & triumph. Miner's Museum -145 Black River Rd, Anne Murray Centre - 36 Main Street, Springhill

#### Discover even more



**Beaches** – Unwind or play in the waves, beachcomb for shells and sea glass, build sandcastles, or just take a walk on Nova Scotia's sandy and cobblestone beaches. To discover the best beach for you, scan the QR code.



**Parks** – Go for a hike, have a picnic, camp, catch a fish or just have fun in Nova Scotia's many parks! Scan the QR code to choose your perfect park.



**Trails** – Enjoy a walk or hike on our many trails in Nova Scotia. From ocean and bay views, to mountaintops and forests, there is something for everyone. Find the best Trail for you by scanning the QR code.



**Museums** – Visit any of Nova Scotia's great museums to experience our history firsthand. Discover all there is to know about fossils, fisheries, Indigenous culture and more on a historical adventure of a lifetime. Scan the QR code to discover amazing museums in Central NS.



**Golf** - Discover an exceptional golf experience awaiting golfers of all levels featuring beautiful scenic views and a lush green backdrop. Local courses include: To find your perfect golf experience, scan the QR code.

Did we miss anything?
Let us know at ec@tcchamber.ca for further publications.









# Want more information on what Truro & Colchester has to offer?



#### HAS YOU COVERED!

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